

Safe Use :// Technology Student Contract



I Will Stay Safe...

- I will not create accounts or give out any private information – such as my full name, date of birth, address, phone numbers, or photos – without my family’s permission.
- I will not share the name of my school, my city, my siblings, sports teams or my parent’s workplace. I will not post this information to my profiles even if I think only my friends will see it.
- I will not share my passwords with anyone other than my family. I will ask my family to help me with privacy settings if I want to set up devices, accounts, or profiles. I will use agreed upon user names while on the Internet. I will not change the settings for my computer or my password without my parent’s permission.
- If anyone makes me feel pressured or uncomfortable, or acts inappropriately toward me online, I’ll stop talking to that person and tell a family member or friend I trust about it.
- I will tell my parents about the people I meet online, even if they don’t ask. I won’t answer emails, IMs, messages or friend requests from people I don’t know and my parents haven’t approved.
- I will not call, write to, or meet someone in person who I’ve met online unless my parents say ok and come with me.
- I will be safe everywhere. I will follow the same Internet safety guidelines that I do while I’m at home at my friends’ houses, at school, and anywhere wi-fi is available.

Initial Here



I Will Think First...

- I will trust my instincts when engaging content and people on the internet. I understand that the internet is a useful tool and at the same time is a world wide network of users who may be dangerous.
- I will treat others the way I want to be treated online. I will be respectful and never pick fights or post mean or threatening words. I will not bully, humiliate, or deliberately upset anyone online - whether through sharing photos, videos, screenshots, spreading rumors, gossip, or setting up fake profiles – and I will stand up to those who do.
- I understand that nothing is private on the Internet. I agree that my mom or dad can read my mail or check the sites that I have been visiting – I know that whatever I share online can spread fast and far. I will not post anything online that could harm my reputation
- Whenever I use, reference, or share someone else’s creative work online, I will give proper credit to the author or artist.

Initial Here



I Will Be Mindful...

- I know that many things I read, hear, or see online are not true. I will consider whether a source or author is credible.
- I will only download pictures and files with my parent's or teacher's permission. Some of these files may contain inappropriate pictures or dangerous viruses that could damage a computer.
- I will help my family set media time limits that make sense. I agree to limit online time so that it doesn't interfere with other activities. I agree to follow the time limits that our family sets and not let the Internet take time away from homework, sports, face-to-face interactions or family time.
- I will be mindful of how much time I spend in front of screens, and I will continue to enjoy the other activities - and people - in my life.
- If I see or read things that I think are bad, inappropriate or mean I will show my parents right away. I will tell my parents if I receive pictures or links that I didn't ask for, or that contain inappropriate content, bad, hateful, mean language or anything I think might not be right.
- I will protect the devices I use to engage the internet. These tools are expensive and fragile. I will be mindful with the way I transport, carry, store and supervise other's use of them. I will protect electronic devices from getting wet or exposed to extreme temperatures.

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I Will Review These Guidelines Periodically...

I will engage the following questions with my family so my technology use margins are reasonable and I remain safe.

- How many hours a day can be spent at the computer, tablet, or playing video games?
- Are social media sites allowed - which ones?
- Are mobile devices allowed in bedrooms overnight?
- Are any particular web sites off-limits?
- What information can be or shouldn't be shared online?

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My Family Commits to...

- recognize that media is a big part of my life, even if they don't always understand why.
- talk with me about what worries them and why, before saying "no."
- talk to me about my interests and embrace my world, including helping me find media that's appropriate and fun.
- support me in learning to use online tools in a safe manner.
- get to know the services and websites I visit and use.
- be calm, listen and not over-react if I need to tell about something "bad" I find or do on the Internet.
- get to know my online friends and contacts just like they would my other friends.
- put the home computer in a family area.
- frequently check to see what has been visited on the Internet and talk with me about things of concern or that could be considered inappropriate.
- connect to social network profiles in order to teach me how to behave appropriately in my online interactions.
- engage the "parental controls" for filtering and blocking inappropriate Internet material from my electronic device(s).
- remove any electronic device that is not handled responsibly in the event that these guidelines are repeatedly challenged until my behavior changes.

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Signed by Me

Signed by my Parents

Contributing Content:

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InternetSafety.com, part of McAfee

https://safety.yahoo.com/Resources/FAMILY_AGREEMENT.html

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